

JoAnna Cupp, DHSc, RDN, LD, FAND

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EDUCATION

Doctor of Health Science Concentration: Fundamentals of Education A.T. Still University, Kirksville, Missouri	12/21
Master of Science/Dietetic Internship University of Central Arkansas, Conway, Arkansas	8/06
Bachelor of Science University of Central Arkansas, Conway, Arkansas	5/05

PROFESSIONAL CERTIFICATIONS

Licensed Dietitian (LD) in Oklahoma Oklahoma State Board of Medical Licensure and Supervision: #2564	2/21-10/23
Licensed Dietitian (LD) in Arkansas The Arkansas Dietetics Licensing Board: #2238	6/21-6/23
Certificate of Training in Adult Weight Management Program American Dietetic Association and its Commission on Dietetic Registration	5/10
Registered Dietitian Nutritionist (RDN) Commission on Dietetic Registration: #993401	9/07-Current

PROFESSIONAL EXPERIENCES

Didactic Program Director/Assistant Professor at University of Central Arkansas in Conway, AR <u>Responsibilities:</u> Maintain program accreditation, manage the program and employees, teach multiple courses; plan lessons and assignments; assess students' progress by grading papers, tests, and additional assignments; serve on and lead committees, advise students; develop syllabi for the courses taught; ensure syllabi meet the college and departmental standards and follow the accreditation and curriculum guidelines; stay informed about changes and innovations in the field of dietetics. <u>Hours Worked:</u> Full Time Monday through Friday (75% teaching, 25% administrative).	1/23-Current
Adjunct Instructor at Arkansas State University in Jonesboro, Arkansas <u>Responsibilities:</u> Teaching online nutrition care process course; plan lessons and assignments; assess students' progress by grading papers, test, and other work; develop syllabi for the courses taught; ensure syllabi meet the college and department standards and followed the curriculum guidelines; stay informed about changes and innovations in the field of dietetics. <u>Hours Worked:</u> Part Time/Teaching 3-hour courses online each semester.	1/23-Current
Adjunct Instructor at Liberty University in Lynchburg, VA. <u>Responsibilities:</u> Teaching online doctoral level courses and serving on dissertation committees. <u>Hours Worked:</u> Part Time/Teaching 3-hour courses online each semester.	1/23-Current
Program Director/Clinical Assistant Professor at Northeastern State University in Muskogee, OK. <u>Responsibilities:</u> Maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; served on and lead committees, advised students; developed syllabi for the courses taught; ensured syllabi met the college	1/22-12/22

and departmental standards and follow the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (75% teaching, 25% administrative).

Adjunct Instructor at The University of Kansas

8/21-Current

Responsibilities: Taught online international nutrition and advanced nutrition courses; planned lessons and assignments; assessed students' progress by grading papers, test, and other work; developed syllabi for the courses taught; ensured syllabi meet the college and department standards and followed the curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Part Time/Teaching 3-hour courses online each semester; Fall 2021; Spring 2022; Spring 2023

Inpatient Dietitian at Jack C. Montgomery VA Medical Center in Muskogee, OK

8/21-12/21

Responsibilities: Provided nutrition assessments in the electronic medical record and education to veterans; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured compliance with all federal, state, and local regulations as well as VA guidelines.

Hours Worked: Full Time-Monday through Friday; GS-11.

Consultant at Keith & Associates Distance Dietetic Internship (KADDI) in Tulsa, OK

6/21-12/21

Responsibilities: Developed sample questions for mock CDR Exam and assisted with making student exam study guides

Hours Worked: Part Time.

Program Director for the Dietetics/Nutritional Science Program at Arkansas State University (A-State) in Jonesboro, AR

7/19-5/21

Responsibilities: Maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on and led committees; advised students; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (50% teaching, 50% administrative).

Interim Program Director for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR

7/18-6/19

Responsibilities: Maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on and led committees; advised students; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (50% teaching, 50% administrative).

Assistant Professor for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR

7/15-6/18

Responsibilities: Taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on committees; advised students; developed syllabi

for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (100% teaching).

Adjunct Faculty/Clinical Instructor for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR 1/15-5/15

Responsibilities: Taught a basic human nutrition course; planned lessons and assignments; assessed students' progress by grading papers, test, and other work; supervised and coordinated practicum site visits with preceptors to ensure student learning; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics. Hours Worked: Part Time; Taught a 3-hour face to face course.

Clinical Dietitian at Mercy Hospital & Medical Center (MHMC) in Chicago, IL 5/12-6/14

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition- related trends, research, policy, certifications and standards of practice; conducted support groups; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday and occasional weekends.

Lap Band Dietitian at the Lap Band Clinic for MHMC in Chicago, IL 10/10-5/12

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition- related trends, research, policy, certifications and standards of practice; conducted monthly support groups; ensured patient satisfaction and quality care; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday.

Clinical/Bariatric Dietitian at Mobile Infirmary Medical Center in Mobile, AL 6/08-10/10

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition- related trends, research, policy, certifications and standards of practice; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday and occasional weekends.

Clinical Dietitian at North Baldwin Infirmary and Oakwood Nursing Home in Bay Minette, AL 9/07-6/08

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition- related trends, research, policy, certifications and standards of practice; attended scheduled care plan meetings; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday.

Clinical Dietitian at Infirmary West Hospital/Long Term Acute Care in Mobile, AL 9/07-10/10

Provided part-time-coverage provided over 4 years.

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition- related trends, research, policy, certifications and standards of practice;

ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines. Hours Worked: Full Time Monday through Friday.

PRN Dietitian at White County Medical Center in Searcy, AR

9/06-3/07

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; ensured compliance with all federal, state, and local regulations. Hours Worked: Full Time Monday through Friday.

CONFERENCES/TRAININGS ATTENDED

Arkansas Academy of Nutrition and Dietetics, Annual Meeting and Exhibits, Little Rock, AR	4/23
Food Nutrition Conference and Expo in Orlando, FL	10/22
ACEND 2022 and FEM Standards Workshop for Program Directors (virtual)	5/22
The Mary Frances Picciano Dietary Supplement Research Practicum (virtual)	5/22
Oklahoma Academy of Nutrition and Dietetics 2022 Spring Convention (virtual)	4/22
Food Nutrition Conference and Expo (virtual)	10/21
Nutrition and Dietetics 2021 Virtual Conference & Exhibition (virtual)	4/21
Food and Nutrition Conference and Expo (virtual)	10/20
Nutrition and Dietetic Educators and Preceptors Meeting in Birmingham, AL	3/20
Nutrition Focused Physical Examination Training in Cleveland, OH	10/19
Fundamental of Leadership in Higher Education Conference in Orlando, FL	9/19
The Mary Frances Picciano Dietary Supplement Research Practicum in Bethesda, MD	5/19
NISOD International Conference on Teaching and Leadership Excellence in Austin, TX	5/19
Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/19
Food Nutrition Conference and Expo, ACEND Program Director Workshop in Washington, D.C.	10/18
Food and Nutrition Conference and Expo in Chicago, IL	10/17
Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/17
Food and Nutrition Conference and Expo in Boston, MA	10/16
Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/16
Food and Nutrition Conference and Expo in Nashville, TN	10/15
Lap-Band Total Care Regional Workshop, Chicago, IL	10/11
Alabama Dietetic Association Annual Meeting in Mobile, AL	3/09

JOURNAL PUBLICATIONS

- Cupp, J. & Matthews, E. (2023). Dietary supplement use, knowledge, and perceptions among college students enrolled in coordinated programs in dietetics. *Journal of Clinical Nutrition and Dietetics*, 9(3), 187. <https://doi.org/10.36648/2472-1921.9.3.187>
- Green, L.L., Cupp, J.A., West, E., Drake, S., Axsom, K., Catapang, L., Duranso, N., Parker, D., Smith, P. R., Thomas, K., & Williams, L. (2022). Evaluating strength gains using blood flow restriction and myofascial release. *Annals of Physiotherapy & Occupational Therapy*, 5(1), 1-7. <https://doi.org/10.23880/aphot-16000225>
- Cupp, J.L. & Matthews, E. (2021). Dietary supplement use, knowledge, and perceptions among students enrolled in coordinated programs in dietetics. *Journal of the Academy of Nutrition and Dietetics*, 121(10), A138.

Green, L.L., Cupp, J.L., Cole, E., Craig, D., Crawford, K., Hogan, S., Holstead, J., Lovell, H., & Sarna, M. (2020). Investigating strength effects at the shoulder using blood flow restriction. *Annals of Physiotherapy & Occupational Therapy*, 3(3), 1-6. <https://doi.org/10.23880/aphot-16000175>

PRESENTATIONS

Internship Fireside Chat for Students and Interns

Learned Forum: Annual Meeting and Exhibits, Arkansas Academy of Nutrition and Dietetics at Arkansas Children's Hospital; April 27, 2023

Dietary Supplement Use, Knowledge, and Perceptions among Students Enrolled in Coordinated Programs in Dietetics

Learned Forum: Food & Nutrition Conference & Expo 2021, Virtual Event; October 18, 2021

Comparing the Benefits of LLLT and Dietary Supplementation for Muscle Recover Post Fatiguing Exercise

Learned Forum: Create@State 2019, Arkansas State University Centennial Hall; April 16, 2019

The Effects of Using Blood Flow Restriction Exercise for Proximal Strength at the Shoulder

Learned Forum: Create@State 2019, Arkansas State University Centennial Hall; April 16, 2019

Engage Students and Ensure Learning in the Classroom

Learned Forum: Roundtable Discussion, National Institute for Staff and Organization Development (NISOD) 2019, International Conference of Teaching and Leadership Excellence, Austin, Texas; May 25-28, 2019

Preceptor Training and Assessment

Learned Forum: Learn@State 2019, Arkansas State University Fowler Center; March 13, 2019

Drake, S. M., Cupp, J. L., Tate, L., Parker, B., & Bednar, A. (2016, October). *Achieving American Geriatric Society Competencies in the Care of Older Adults Using an Interprofessional / Multidisciplinary, Service-learning Model*. Learned Forum: Educational Leadership Conference. Phoenix, AZ: American Physical Therapy

GRANTS

Assessment Faculty Mini Grant, Assessment Office at Arkansas State University

Involvement: Conducted a Preceptor Recognition and training on March 14, 2018

Presented at Learn@State on March 13, 2019

Date Awarded: December 3, 2018; Amount of funding: \$1000

OTHER ACHIEVEMENTS

Sterling, R. T., & Cupp, J. (2023). *Problem-based learning in dietetics*. Nutrition and Dietetic Educators and Preceptors Spring 2023 Newsletter (pages 9-11).

Drake, S. M., Cupp, J. L., McKinney, B., K., & Hailey, L. (2021). *Healthy ager program transforms during the pandemic*. UAMS Arkansas Geriatric Education Collaborative. <https://agec.uams.edu/healthyager/>

Cupp, J. (2020). *Teaching Tips on Addressing Stress and Burnout* published in the Nutrition Educators of Health Professionals Spring 2020 Newsletter (page 13), Volume 76, Issue 3.

Cupp, J. (2019). *Tips on Role Play with Reflection and Debriefing Exercises* published in the Nutrition Educators of Health Professionals Fall 2019 Newsletter (page10), Volume 76, Issue 1.

Cupp, J. (2019, July 29). *How to Achieve Work and Home Life Balance* published in the Network Health Digest Magazine, Issue 147.

Cupp, J. (2018). *Teaching Outside the Text* published in the Nutrition Educators and Health Professionals Fall 2018 Newsletter, Academy of Nutrition and Dietetics (page 9), Volume 74, Issue 3.

Book Reviewer: *Nutrition and Diagnosis Related Care* (Section 2); August 27, 2018

UNIVERSITY OF CENTRAL ARKANSAS COMMITEES

Interprofessional Education Committee 1/23-Current

NORTHEASTERN STATE UNIVERSITY COMMITTEES

Healthy Campus Committee 7/22-12/22

EASTERN OKLAHOMA VA HEALTH CARE SYSTEM COMMITTEES

Nutrition Committee 8/21-12/22

A-STATE DIETETICS DEPARTMENT COMMITTEES

Dietetics Advisory Board Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Admissions Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Curriculum Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Orientation Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Progression and Remediation Committee Member 7/15-5/21

Chair: 7/18-5/21

A-STATE UNIVERISTY COMMITTEES

Undergraduate Admissions Appeals Member 7/20-5/21

Red Wolf Wellness Committee Member 7/18-5/21

A-STATE COLLEGE OF NURSING AND HEALTH PROFESSION COMMITTEES

Student and Alumni Affairs Member 7/18-5/21
Grievance Committee Member 7/18-5/21
Clinical Relations Committee Member 7/16-6/20
Constitution and Bylaws Committee Member 7/16-6/20
Ad Hoc College of Interprofessional Education Committee Member 7/16-5/21

ORGANIZATIONS

Member of the National Association for Nutritional Professionals 2022-Current
Member of the Oklahoma Academy of Nutrition and Dietetics 2021-Current
Member of the American Society for Nutrition 2020-Current
Member of Arkansas Academy of Nutrition and Dietetics 2014-Current
 Consumer Protection Coordinator 2022-2025
 Northeast Arkansas District Representative 2020-2021
 Nominating Committee Chair 2019-2020
 Nominating Committee Member 2018-2020
Member of Academy of Nutrition and Dietetics 2007-Current
 Research Dietetic Practice Group 2023-Current
 Nutrition and Dietetics Educators and Preceptors Dietetics Practice Group 2022-Current
 Nutrition Educators of Health Professionals Dietetics Practice Group 2022-Current
 Dietitians in Medical Nutrition Therapy Dietetic Practice Group 2021-Current
 Nutrition Informatics Dietetic Practice Group 2021-2022
 Council on Research Implementation Subcommittee Member 2020-2023
 Chair 2022-2023
 Foundation Scholarship Review Committee Member 2020-2023
 Diabetes Care and Education Dietetics Practice Group 2019-2021
 Nutrition and Dietetics Educators and Preceptors Dietetics Practice Group 2015-2021
 Nutrition Educators of Health Professionals Dietetics Practice Group 2017-2021
Member of the Northeast Arkansas District Dietetic Association 2016-2021
 Treasurer 2016-2019

PROFESSIONAL SERVICE

Met with United States Congressman Rick Crawford to discuss the Treat & Reduce Obesity Act and the Expanding Access to Diabetes Self-Management Training Act for the Arkansas Academy of Nutrition and Dietetics, Jonesboro, AR; September 6, 2019
Participated in a Panel Discussion: Nutrition and Disaster Preparedness at the Northeast Arkansas District Academy of Nutrition and Dietetics Fall Meeting; St. Bernard's Health & Wellness Center, Jonesboro, AR; September 25, 2018

VOLUNTEER EXPERIENCES

Community Health Fair	2023
The Healthy Living Collaborative	2022
Cherokee County Community Health Coalition	2022
Community Health and Education Foundation	2019-2021
Heart and Sole 5K, Half Marathon Committee Member	
Mistle Toe Madness Committee Member	
Red Dress Gala Committee Member	
KLEK FM Radio presenter: Healthy Eating and Weight Loss Nutrition	2018
ASU Regional Farmer's Market Annual Fundraiser	2015
Farm to Table Banquet; 8 hours	

HONORS AND AWARDS

Fellow of the Academy of Nutrition and Dietetics	2022
Academy of Nutrition and Dietetics 2020-2021 Leadership Institute Cohort	2020
Outstanding Dietetic Educator of the Year Award	2018
Arkansas Academy of Nutrition and Dietetics	
You Made a Difference Award, A-State	2017
Certificate of Recognition for Morrison Chartwells Dietetic Internship	2013
Five Years of Dedicated Service to Compass Group	2011

TEACHING

SUMMER 2023

HSCI 730 Risk Management in Health Sciences (online)
HSCI 889 Applied Doctoral Research Project II (online)
HSCI 987 Dissertation I (online)
NUTR 1300 Foundations of Nutrition (online-2 sections)
NUTR 3370 Lifecycle Nutrition I (online)
NUTR 4395 Nutrition Contemporary Issues (online)

SPRING 2023

HSCI 521 Advanced Nutrition (online)
NUTR 3350 Community Nutrition (online; 2 sections)
NUTR 4335 Nutrition Senior Seminar
NS 3263 Nutrition Care Process (online)
HSCI 888 Applied Doctoral Research Project (online)
HSCI 521 Advanced Nutrition and Metabolism (online)
HSCI 720 Principles and Theories of Teaching in the Health Professions (online)
HSCI 730 Risk Management in Health Sciences (online-2 Sections)

FALL 2022

NUTR 3111 Introduction to Nutritional Sciences (face to face & virtual)
NUTR 4592 Health Careers Professionalism (face to face & virtual)
NUTR 4583 Medical Nutrition Therapy II (face to face & virtual)
NUTR 3401 Honors Research I (online)
MPH 5301 Essentials for Leadership (online)

MPH 5322 Current Issues Public Health (online)

SUMMER 2022

NUTR 1653 Basic Human Nutrition (online)

NUTR 3653 Food and Culture (online)

SPRING 2022

HSCI 521 Advanced Nutrition (online)

NUTR 3763 Medical Nutrition Therapy I (online)

NUTR 4243 Life Cycle Nutrition (online)

NUTR 4352 Advanced Nutrition (online)

FALL 2021

DN 841 International Nutrition (online)

SPRING 2021

NS 4563 Special Topics (online)

NS 3253 Nutrition Assessment

FALL 2020

NS 4553 Nutrition Counseling

NS 3123 Nutritional Biochemistry

SUMMER 2020

NSP 4656 Practicum V-Clinical

SPRING 2020

NS 4563 Special Topics (online)

NS 3253 Nutrition Assessment

FALL 2019

NS 4553 Nutrition Counseling

NS 3123 Nutritional Biochemistry

SUMMER 2019

NSP 3326 Practicum II

SPRING 2019

NS 3253 Nutrition Assessment

NS 3243 Quantity Foods

FALL 2018

NS 4553 Nutrition Counseling

NS 3123 Nutritional Biochemistry

SUMMER 2018

NSP 3326 Practicum II

NS 2203 Basic Human Nutrition (online)

SPRING 2018

NSP 3123 Practicum I-School Foodservice

NS 3253 Nutrition Assessment

NS 3243 Quantity Foods

NS 3223 Nutrition through the Life Cycle II

FALL 2017

NSP 4433 Practicum III-Community
NS 4553 Nutrition Counseling
NS 3123 Nutritional Biochemistry
NS 3113 Nutrition through the Life Cycle I

SUMMER 2017

NSP 3326 Practicum II
NS 2203 Basic Human Nutrition (online)

SPRING 2017

NSP 3123 Practicum I-School Foodservice
NS 3253 Nutrition Assessment
NS 3243 Quantity Foods
NS 2203 Basic Human Nutrition

FALL 2016

NSP 4433 Practicum III-Community
NS 4553 Nutrition Counseling
NS 3123 Nutritional
Biochemistry NS 2203 Basic
Human Nutrition (online)

SUMMER 2016

NSP 3326 Practicum II
NS 2203 Basic Human Nutrition (online)

SPRING 2016

NSP 3123 Practicum I-School Foodservice
NS 3253 Nutrition Assessment
NS 3243 Quantity Foods
NS 2203 Basic Human Nutrition

FALL 2015

NSP 4433 Practicum III-Community
NS 4553 Nutrition Counseling
NS 3123 Nutritional Biochemistry
NS 3153 Food & Society

SPRING 2015

NS 2203 Basic Human Nutrition

REFERENCES

Available upon request